



**Northumbria
University**
NEWCASTLE

FREE FOR
FITNESS MEMBERS
£3
NON-MEMBER

SPORT CENTRAL SWIMMING POOL TIMETABLE

PRE-BOOKED SESSION TIMES

Monday	07:00-08:00	08:30-09:30	12:30-13:30	16:00-17:00	17:30-18:30
Tuesday	07:00-08:00	08:30-09:30	12:30-13:30	16:00-17:00	17:30-18:30
Wed	07:00-08:00	08:30-09:30	10:30-11:30	16:00-17:00	17:30-18:30
Thursday	07:00-08:00	08:30-09:30	12:30-13:30	16:00-17:00	17:30-18:30
Friday	07:00-08:00	08:30-09:30	12:30-13:30	16:00-17:00	17:30-18:30
Saturday	07:00-08:00		15:30-16:30		
Sunday	07:00-08:00		15:30-16:30		

1. PRE-BOOK AND ARRIVE AND LEAVE WITHIN THE 60 MINUTES
2. 3 DOUBLE LANES WILL BE USED TO ENSURE SOCIAL DISTANCING
3. WHERE POSSIBLE PLEASE ARRIVE SWIM READY
4. SAUNA AND STEAM ROOM REMAIN CLOSED

BOOK ON THE
NU SPORT APP



northumbriasport.com